2009-10 District 14-5A

| District MVP | Scott Bastian | Oak Ridge | Senior |
|------------------------------|---------------|--------------|-----------|
| Defensive Player of the Year | James Allen | College Park | Senior |
| Newcomer of the Year | Evan Cooper | College Park | Sophomore |

Coach of the Year Dale Reed The Woodlands

| 1 st Team All District | Joe Cantrell | New Caney | Senior |
|-----------------------------------|------------------|---------------|--------|
| | Brandon Caporale | The Woodlands | Junior |
| | Wes Cole | The Woodlands | Junior |
| | Byron Davis | Lufkin | Senior |
| | Alonzo Jefferson | Oak Ridge | Senior |
| | Sean Kovar | Oak Ridge | Senior |
| | Justin Nelson | The Woodlands | Senior |
| | Brian Nordstrom | The Woodlands | Junior |
| | Adam Rowe | College Park | Senior |
| | Robert Tyson | Oak Ridge | Senior |
| | | | |

| 2 nd Team All District | Jordan Alpha | The Woodlands | Junior |
|-----------------------------------|------------------|---------------|--------|
| | Adam Brazil | Lufkin | Junior |
| | A.J. Cantrell | New Caney | Junior |
| | JaDarius Davis | Lufkin | Senior |
| | Logan Griffin | Oak Ridge | Senior |
| | Terrell Lawrence | Oak Ridge | Junior |
| | Jackson Nelson | The Woodlands | Senior |
| | Tevin Price | Conroe | Junior |
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Tevin Price Conroe Junior
DonQuarius Thomas Conroe Junior
Davis Tucker The Woodlands Senior
Tracy Wade New Caney Junior
Stafford Whittington College Park Senior